

# Upscale

WHAT SUCCESSFUL PEOPLE READ

**LisaRaye**  
A day in  
the life of a  
Hollywood  
single lady

**I Do!**  
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gowns, jewelry,  
cakes & more

**10** MUST-HAVE  
**APPS**  
that will boost  
YOUR CAREER

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Akon,  
Jurnee Smollett,  
Brandy & more

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FAMILY**  
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the same roof

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in 5 mins.

MARCH 2013



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## Inside Man

JAY ELLIS IS SUITED UP AND READY TO TACKLE THE INDUSTRY.

Excitement, hunger and tenacity dance in Jay Ellis's eyes like columns on a flashy slot machine. Could it be because the fledgling actor has hit the jackpot, appearing as the newest castmate on a top-rated BET sitcom, or because the floodgates are opening with new and uncharted opportunities? The answer would be both. He's the newcomer and the most popular simultaneously.

First seen in roles on shows like *Grey's Anatomy*, *NCIS*, *Hart of Dixie* and *The Bold and the*

*Beautiful*, Ellis is now running weekly plays on *The Game* as Bryce "The Blueprint" Westbrook, a star running back from the Ivy League. Up next, he has a starring role in *Movie 43* with Halle Berry and Terrence Howard.

"I'm making my way to success," he says. "It includes working hard, most importantly, because you have to do that when it's something you love. My past ups, downs, bumps and bruises have all added depth, character and layering. It helps you stand the test of time." —S.B.J.

## TRANCE FOX SEARCHLIGHT | MOVIE

A dark tale that blurs the line between fiction and reality, *Trance* evokes drama and intrigue. Starring Rosario Dawson and James McAvoy, the film is sure to leave audiences talking as the multilayered story about an auctioneer who hooks up with a hypnotherapist to find a rare painting unfolds. —J.H.



## THE 5 SPOT

### ANGELA MERYL'S FAVORITE SCREEN STUNTS

OVER THE YEARS, ANGELA MERYL HAS RACKED UP A CATALOGUE OF STUNT WORK THAT WOULD LEAVE EVEN THE TOUGHEST GUY BREATHLESS. THE AUTHOR OF *STUNTS: THE HOW TO HANDBOOK* RANKS HER FIVE FAVORITE HOLLYWOOD STUNTS OF ALL-TIME. —J.H.

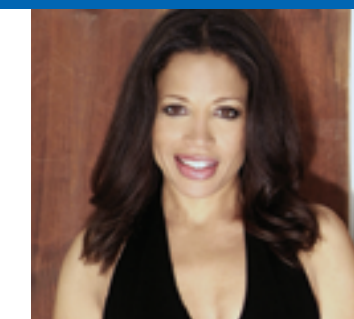
**1. Vivica A. Fox vs. Uma Thurman, *Kill Bill Vol. 1*.** When I got the job, [Quentin Tarantino] told me this was not going to be a sissy girl fight! We trained for weeks—my favorite part of the fight scene was jumping backwards over the sofa, then crashing through a glass table.

**2. Beyoncé vs. Ali Larter, *Obsessed*.** The fight was choreographed by myself and two other industry experts (Heather Vendrell and Lance Gilbert). We would

perform the fight for the girls, director and producers to see, which resulted in numerous and consistent changes. This was one of the most physically exhausting fights of all time.

**3. Jennifer Garner vs. Merrin Dungey, *Alias*.**

This was one of the baddest fight scenes between two women I have ever seen on TV. Similar to *Obsessed*, they fought all over the house using anything they could find. It was a bloody mess!



**4. Car crash, *Grey's Anatomy*.**

I got to crash an ambulance into [another] ambulance at 45 miles per hour. All I heard in my head was "go, go, go!"

**5. Bike chase, *Skyfall*.**

While in Istanbul, [the stunt performers were used as a crowd scrambling to get out of the way]. At such high speeds, anything can go wrong.